



ABSTRACT

ICDS – “SABLA” Rajiv Gandhi Scheme for Empowerment of Adolescent Girls (RGSEAG) – in 7 Districts in AP- Administrative Sanction Orders – Issued.

DEPARTMENT FOR WOMEN, CHILDREN, DISABLED & SENIOR CITIZENS (ICDS)

G.O.Ms.No.7,

Dated:20th Jan,2011.
Read the following:

1. From the Joint Secretary, Ministry of Women & Child Development, New Delhi, GOI Letter No.6-12/2010-RGSEAG,Dt:06-10-2010.
2. Govt. Memo No.6384/ICDS/A1/2010,dt.13-10-2010.
3. From the Director, Women Development & Child Welfare, Hyderabad Lr.No.3326/KSY/ 2010, dt.4.12.2010.
4. Minutes of the meeting held on 30-12-2010 with Prl. Secretary. Medical & Health Department.

ORDER:

Government of India vide reference 1st read above communicated approval for implementation of “Rajiv Gandhi Scheme for Empowerment of Adolescent Girls (RGSEAG) – SABLA” on a pilot basis initially in 200 districts. These districts have been selected from all States/UTs on the basis of a composite index based on indicators relevant to the condition of Adolescent Girls (AGs) across the country. In the selected districts, SABLA would replace the existing Nutrition Programme for Adolescent Girls (NPAG) and Kishori Shakti Yojana (KSY). In the remaining districts, KSY where operational, would continue as before. The Scheme of SABLA aims to empower the Adolescent Girls in the age group of 11 to 18 years by improving their nutritional and health status, up gradation of home skills, life skills and vocational skills. The girls would be equipped with information on health and family welfare, hygiene and guidance on existing public services. The Scheme also aims to mainstream out of school girls into formal education or non-formal education.

2. The following 7 districts are selected in AP for implementation of SABLA during 2010-11 covering 117 ICDS Projects.

- i. Mahaboobnagar
- ii. Adilabad
- iii. Chittoor
- iv. Ananthapur
- v. Vishakapatnam
- vi. West Godavari
- vii. Hyderabad.

3. The Objectives and the services that are to be achieved and provided under the said scheme are as follows:

(Contd...2)

i) Objectives:

- a) enable self- development and empowerment of Adolescent Girls
- b) improve their nutrition and health status;
- c) spread awareness among them about health, hygiene, nutrition, Adolescent Reproductive and sexual Health (ARSH) and family and child care;
- d) upgrade their home-based skills, life skills and vocational skills.
- e) mainstream out-of-school AGs into formal/non formal education; and
- f) inform and guide AGs about existing public services, such as PHC, CHC, Post office, Bank, Police Station etc.

ii) Services:

A. SNP:-

- a) 11-14 years: Only out-of school AGs in this age- group would be given supplementary nutrition as school-going (11 to 14 years old) are covered under the Mid-Day Meal (MDM) scheme.
- b) 15-18 years: All girls, would be given supplementary nutrition since this age-group is not covered under the MDM scheme.

B. Trainings:-

- a) Life skills: the training for development of life skills may, broadly speaking, include confidence-building, development of self-awareness and self-esteem, decision-making ability, capacity for critical thinking, better communication skills, awareness of rights and entitlements, coping with stress, responding to peer pressure, functional literacy (wherever required) etc.
- b) Vocational Training (for girls aged 16 and above)

4. The Director, Women Development and Child Welfare in the 4th read above has informed that the Base line survey has been conducted by the PD and the CDPOs at field level, to get the data of beneficiaries in the above selected 7 districts, as per the instructions of Government of India. The Budget required for SNP will be shared equally by State and Government of India. For other component i.e. skills trainings & Vocational trainings etc., GOI would provide 100% Central Share @ Rs.3.80 lakhs per project per annum as detailed in Annexure-I. "SABLA & KSY will accordingly be implemented as follows:

KSY for AGs	SABLA Scheme for AGs	Nutrition for AGs under SABLA Scheme
<ul style="list-style-type: none"> • 270 projects in 16 districts. • Per project Rs.1.10 lakhs as per GOI. • 270 Projects X 1.10 lakhs = Rs.2,97,00,000/- 	<ul style="list-style-type: none"> • 117 Projects in 7 districts. • Per Project Rs.3.80 lakhs • 117 projects X 3.80 lakhs=Rs.4,44,60,000/- (vide Annexure) 	<ul style="list-style-type: none"> • 7 districts • 7,68,029 beneficiaries • Food cost rate Rs.5/- per beneficiary • 7,68,029 Beneficiaries X Rs. 5X75 days = (for 3 months January to March 2011) Rs. 28,80,10,875 • Central share Rs.14,40,05,438 • State share Rs. 14,40,05,438

(Contd...3)

: 3 :

5. After careful examination of the matter, the Government here by accord administrative sanction for implementation of the New Scheme of Rajiv Gandhi Scheme for Empowerment of adolescent Girls (RGSEAG) " SABLA" in 7 districts as mentioned above covering 117 projects with in the budget provision available in BE 2010-11.

6. The roles and responsibilities of AWHs/AWWs Supervisors/CDPOs, Sakhis and Sahelis are prescribed as at Annexure-II.

7. In pursuance of the decision taken at reference 4th cited, Commissioner, WD & CW shall assess the requirement of IFA, the availability of Budget and Supply of IFA by Medical Health & Family Welfare Department and depending on requirement, place the funds with APHMHIDC for procurement and supply of IFA to the projects concerned accordingly.

8. As was also decided in the said meeting, action will be taken to provide health cards to all adolescents girls in the State apart from ensuring their health checkup at AWCs on the NH Days/during visits by the PHC- Doctors.

9. Commissioner, Health & Family Welfare, Commissioner, WD&CW and the District Collectors shall take all possible measures to ensure proper implementation of the scheme, while paying special attention to vulnerable habitations/mandals in the districts, which may be susceptible to trafficking , socio-economic deprivations etc.

10. This order issues with the concurrence of the Finance (Exp. Women Development & Child Welfare) Department Vide their U.O.No.14473/217/Expr.WD/10 dated:8-12-2010.

(BY ORDER AND IN THE NAME OF THE GOVERNOR OF ANDHRA PRADESH)

M. CHAYA RATAN,
SPL. CHIEF SECRETARY TO GOVERNMENT

To

The Director, Women Development & Child Welfare Department, Hyderabad.

The Commissioner, Health & Family Welfare Department, Hyderabad

All the District Collectors

All District Superintendents of Police

The A.G.A.P. Hyderabad.

The concerned RDDs and P.Ds , through Director, WD & CW Deptt, Hyderabad.

The DTO of Mahaboobnagar/Adilabad/Chittoor/Ananthapur/Vishakapatnam/
West Godavari/Hyderabad.

Copy to:-

The Secretary to Ministry of Women and Child Development, GOI, New Delhi.

PS to Spl. Secretary to CM

PS to Minister (IKP, WCD&SC)

PS to Chief Secretary to Government

PS to Spl. CS to Govt., WCD&SC

SF/SC.

//FORWARDED:: BY ORDER//

SECTION OFFICER

ANNEXURE-I

(Ann. to GO Ms No.7, Department for Women, Children, Disabled and Senior Citizens (ICDS) Dt:20-01-2011)

1. Unit cost/ICDS Project

Sl. No.	Item	Unit cost per ICDS Project
1.	Training Kit/AWC @ 1000/- per AWC	Rs.150,000
2.	Life Skill Education including IEC	Rs. 50,000
3.	Training for Sakhi/Saheli	Rs. 40,000
4.	NHE component including IEC & Guidance on Accessing public services	Rs. 30,000
5.	Vocational Training	Rs. 30,000
6.	Misc. expenditure (Expenditure on celebrating Kishori Diwas etc.)	Rs. 30,000
7.	Others (Printing of health cards/registers/Utensils etc.)	Rs. 30,000
8.	Cost of Providing IFA (where IFA is not Supplied by Health)	Rs. 20,000
Total		Rs.3,80,000

M. CHAYA RATAN,
SPL. CHIEF SECRETARY TO GOVERNMENT

//FORWARDED:: BY ORDER//

SECTION OFFICER

ANNEXURE-II

(Ann. to GO Ms No.7, Department for Women, Child, Disabled and Senior Citizens (ICDS) Dt:20-01-2011)

Roles & Responsibilities of AWWs/AWHs, Supervisors, Child Development Project officers & Sakhis and Sahelis

1. Anganwadi Workers/Helpers

- i. AWW will conduct survey and register all AGs within the jurisdiction of that AWC.
- ii. Oversee all the activities conducted on Kishori Diwas with the assistance of Sakhis and Sahelis.
- iii. Maintain register and adolescent health cards at AWC with the assistance of Sakhis.
- iv. Facilitate organization and distribution of nutrition provision to the AGs. For this activity she can seek assistance of Sakhis and Sahelis.
- v. Address issues related to AGs during home visits undertaken under ICDS. 2 to 3 AGs at a time may accompany AWW during home visits.
- vi. Assist the PHC staff in carrying health related activities for AGs such as providing IFA supplementation, deworming tablets, etc.
- vii. Encourage all AGs to avail services under SABLA.
- viii. Assist the AGs in selecting the Sakhis and Sahelis.
- ix. AWH will assist the AWW in all above activities.

2. Supervisors

- i. The Supervisors along with AWW will facilitate enrolment of AGs.
- ii. Facilitate in imparting non-formal education to adolescent girls by establishing linkages with Sarva Shiksha Abhiyan and Saaksharta Abhiyan, convergence with Primary schools and Village Education Committees.
- iii. Identify and arrange Instructors for Nutrition and Health Education, Life Skill Education and other interventions that is to be provided to AGs.
- iv. Facilitate training of Sakhis/Sahelis and supervise the peer training activities conducted at village or sector level at regular intervals.
- v. Oversee and plan the functioning of Kishori Diwas and activities
- vi. Draw out the timetable for the non nutrition components, AWC wise.
- vii. Random checking on 10% of AGs during visits to AWC.

3. Child Development Project Officers (CDPOs)

- i. The CDPO will chalk out plan to generate awareness among the community about SABLA.
- ii. Plan convergence at field level with line Ministries/Departments.
- iii. Identify NGOs/CBOs/resource persons/institutions at block level for imparting various training.

- iv. Identify along with Supervisors the locally viable vocational trades on which the AGs can be imparted training.
- v. Provide overall guidance to Supervisors and AWWs for implementation of the Scheme in the project area.
- vi. Monitor and supervise all activities including expenditure regarding implementation of the Scheme in the project.

4. Sakhis and Sahelis

- i. SAKHI would work as the head of the Kishori Samooh for 4 months. She will be assisted by two Sahelis in each AWC.
- ii. They will work as peer educators for Kishori Samooh after receiving requisite training as per the prescribed module.
- iii. AWW will encourage Sakhis and Sahelis to take on lead role in motivating AGs to join the Scheme.
- iv. Sakhis and Sahelis will facilitate activities to be conducted at AWC on day to day basis and on Kishori Diwas.
- v. Sakhis and Sahelis would motivate all AGs to fill up and maintain their Kishori Health Cards at AWCs.
- vi. They would assist the AWW in maintaining the registers.
- vii. They would assist in distribution of THR.

Note: The Commissioner, Women Development & Child Welfare shall review and revise the above from time to time.

**M. CHAYA RATAN,
SPL. CHIEF SECRETARY TO GOVERNMENT**

//FORWARDED:: BY ORDER//

SECTION OFFICER